



Traffic Control Hands-On Practice

This guide suggests helpful hands-on activities to assist in concept retention for individuals new to traffic control once classroom training has been completed.

Name: _____

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PPE WEARING & CARE

- Review applicable PPE standards and guidelines to ensure proper fit and wearing technique – look for individuals zipping vest fully for complete 360-degree retroreflectivity to identify the wearer as a person.
- Discuss proper care of PPE and following manufacturer recommendations for cleaning. Review guidelines for replacing vests or leggings/trousers as retroreflective material wears.

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FLAGGER POSITIONING

- Reiterate proper positioning for flagging station (on the shoulder, beginning of taper for closed lane) during mock zone setup.
- Have individuals indicate where a safe flagging location would be in real time.
- Watch for individuals keeping emergency escape routes available when choosing appropriate flagging station location.

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SET UP/TAKE DOWN PROCEDURE

- Set up mock zone including signs and channelizers.
- Demonstrate installing roll-up signs in sign stands correctly and pacing out channelizers/using skip lines to determine proper length for flagging taper.
- Observe whether individuals are setting up with the flow of traffic and removing against the flow of traffic properly.
- Watch for advanced warning signs being set up in correct order and first sign up = last sign down practice.

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TOW BEHIND EQUIPMENT SET UP

- Demonstrate proper hook up procedure for attaching trailer mounted equipment to vehicle – hitch, retention pins, safety chains crossed, etc.
- Allow new hires to connect/disconnect and set up equipment properly.

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PROPER VEHICLE PARKING/SPOTTING

- Demonstrate using a spotter and backing into parking spaces.
- Allow individuals to practice alternating acting as a spotter and as a backer – watch for proper communication and hand signaling.